

10 REASONS To see a Kidney dietitian

1.

We are the diet
experts in our
field

2.
 **SALT**
We explain why
reducing it is so
important

3.

We are here to listen
and support you

4.

Explain why Dr
Google's advice may
not be for you

5.

Support dietary
changes

6.

We love food too !

7.

Ensure you enjoy
your meals even with
diet limitations

8.

Help you manage diet
changes with one or
more medical
condition to consider

9.

We explain why you
don't always have to
stop eating certain
foods or drinks

10.

We offer advice
tailored to YOU and
your lifestyle